

# **MERCED GRIEF SUPPORT GROUP**



Grief is a deeply personal journey, often accompanied by a wide range of emotions. At times, it can leave us feeling isolated or unsure if others truly understand what we're going through.

Support groups offer a safe and welcoming space to connect with others, share your feelings and experiences, and learn coping strategies to help navigate the path of healing.

Led by the compassionate counselors from Merced Hinds Hospice, this group is open to anyone—no pressure, no judgment, no cost. Just show up when you're ready.

**When:** Last Wednesday of every month

**Time:** 6:00 – 7:00 PM

**Where:** Park Merced Assisted Living  
3050 M St, Merced, CA 95348

**Connect with us on  
Facebook & Instagram!  
@HindsHospice**

**Free to attend.**

**No need to register.**

**Drop in anytime.**

**Have questions?**

**Reach out to the Hinds  
Hospice Center for Grief and  
Healing at 559-248-8579.**

